

## PRIMARY CARE ASSOCIATES OF NEW JERSEY, LLC COMPLETE PHYSICAL HEALTH QUESTIONNAIRE



Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation / Employer: \_\_\_\_\_ Marital Status: \_\_\_\_\_

### LIST ALL ILLNESSES OR CONDITIONS YOU ARE PRESENTLY BEING TREATED FOR


CURRENT PRESCRIPTIONS	OTC MEDS & SUPPLEMENTS	ALLERGIES / REACTION / WHEN

PAST SURGERIES & HOSPITALIZATIONS  <i>not including pregnancies</i>	YEAR	ILLNESS OR OPERATION	YEAR	ILLNESS OR OPERATION

**FAMILY HISTORY** Next to each family member listed, indicate the relative's **AGE, (A)live** or **(D)eceased**, and their Health Status as **(G)ood** or **(P)oor**. Use the space provided to list any other significant medical conditions/ illnesses in family members.

Mother: \_\_\_\_\_ Father: \_\_\_\_\_

Sisters: \_\_\_\_\_ Brothers: \_\_\_\_\_

**HEALTH HISTORY:** BELOW PLEASE INDICATE ALL **BLOOD RELATIVES OF THE PATIENT** WHO HAVE HAD ANY OF THE FOLLOWING PROBLEMS. PLEASE USE THE FOLLOWING ABBREVIATIONS: (P) PATIENT, (F) FATHER, (M) MOTHER, (B) BROTHER, (S) SISTER, (MM) MOTHER'S MOTHER, (MF) MOTHER'S FATHER, (FM) FATHER'S MOTHER, (FF) FATHER'S FATHER, (A) AUNT, (U) UNCLE, (C) COUSIN

Alcoholism	Bleeds easily	Early Deafness	High Blood Pressure	Osteoporosis	
Anemia	Blood Transfusions	Epilepsy	High Cholesterol	Seizures	
Arthritis	Cancer	Glaucoma	Joint Problems	Stroke	
Asthma	Cystic Fibrosis	Heart Disease	Mental Illness	Sudden Infant Death	
Birth Defects	Diabetes	Hepatitis	Migraine	Thyroid	

**SOCIAL HISTORY**

Do you consume alcohol? \_\_\_\_\_ How many ounces per week? \_\_\_\_\_ Preferred drink? \_\_\_\_\_

Do you consume caffeine? \_\_\_\_\_ How many cups per day? \_\_\_\_\_ Coffee / Tea / Soda \_\_\_\_\_

Do / did you smoke? \_\_\_\_\_ How many cigarettes per day? \_\_\_\_\_ For how many years? \_\_\_\_\_ Year quit? \_\_\_\_\_

Do you do street drugs? \_\_\_\_\_ What type? \_\_\_\_\_ How often? \_\_\_\_\_

Do you exercise? \_\_\_\_\_ What type of exercise? \_\_\_\_\_ # of times per week? \_\_\_\_\_ #of minutes per time? \_\_\_\_\_

**SEXUAL HISTORY**

Is your menstrual flow regular? \_\_\_\_\_ Menstrual pain or cramps? \_\_\_\_\_ Pain / bleeding during or after sex? \_\_\_\_\_

Date of first day of last period: \_\_\_\_\_ Number of days of flow? \_\_\_\_\_ Length of cycle? \_\_\_\_\_

Flushing / Menopause? \_\_\_\_\_ Birth control method? \_\_\_\_\_ Name of Birth Control Pills? \_\_\_\_\_

# of sexual partners in the last 2 years? \_\_\_\_\_ Are you heterosexual? \_\_\_\_\_ Homosexual? \_\_\_\_\_ Bisexual? \_\_\_\_\_

# of Pregnancies? \_\_\_\_\_ # of Abortions? \_\_\_\_\_ # of Miscarriages? \_\_\_\_\_ # of Live Births? \_\_\_\_\_

Please list the **year** of the last of the following vaccine:

Tetanus / TD \_\_\_\_\_ Hepatitis \_\_\_\_\_ Pneumonia \_\_\_\_\_ Influenza / Flu \_\_\_\_\_

Please list the **year and result** of the last of the following examination:

Rectal / Stool \_\_\_\_\_ Result: \_\_\_\_\_ TB Test \_\_\_\_\_ Result: \_\_\_\_\_ Mammogram \_\_\_\_\_ Result: \_\_\_\_\_

Cholesterol \_\_\_\_\_ Result: \_\_\_\_\_ EKG \_\_\_\_\_ Result: \_\_\_\_\_ Eye Exam \_\_\_\_\_

Colonoscopy \_\_\_\_\_ Result: \_\_\_\_\_ Pap Test \_\_\_\_\_ Result: \_\_\_\_\_ Dental Exam \_\_\_\_\_

**List any concerns and / or changes in medical or personal information we should know or you would like to discuss.**


### INSURANCE & BILLING INFORMATION

Primary Insurance Name: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ DOB: \_\_\_\_\_

Relation to Patient: \_\_\_\_\_ Social Security #: \_\_\_\_\_